

**Grades of Recommendation
for Summaries or Reviews of Studies**

- A: Good evidence (Level I Studies with consistent finding) for or against recommending intervention.
- B: Fair evidence (Level II or III Studies with consistent findings) for or against recommending intervention.
- C: Poor quality evidence (Level IV or V Studies) for or against recommending intervention.
- I: There is insufficient or conflicting evidence not allowing a recommendation for or against intervention.